




MARCH



Monday		Tuesday		Wednesday		Thursday		Friday	
 <p>DELAWARE HEALTH AND SOCIAL SERVICES Division of Services for Aging and Adults with Physical Disabilities</p> <p><i>"This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities."</i></p>				<p>1 Cheese Ravioli and Marinara Sautéed Zucchini Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>		<p>2 BBQ Chicken Baked Sweet Potato Wedges Steamed Broccoli Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>		<p>3 Corn Chowder Tuna Salad Sandwich on Wheat Cucumber Onion Sour Cream Mandarin Oranges Skim Milk</p>	
<p>6 Sloppy Joe on Bun Baked Sweet Potato Fries Cole Slaw Poached Pears Skim Milk</p>		<p>7 Chef Salad w/Turkey Corn Salad Whole Wheat Roll/Bread Strawberries w/Whipped Topping Skim Milk</p>		<p>8 Chicken Monterey Baked Potato w/Sour Cream Brussels Sprouts Cinnamon Applesauce Whole Wheat Roll/Bread Skim Milk</p>		<p>9 Sweet Sour Pork Steamed or Baked Rice California Vegetables Whole Wheat Roll/Bread Fresh Banana Skim Milk</p>		<p>10 Baked Cod w/Lemon Sauce Au Gratin Potatoes Collard Greens Whole Wheat Roll/Bread Pineapple Cubes Skim Milk</p>	
<p>13 Pot Roast Potatoes and Onions Celery and Carrots Whole Wheat Roll/Bread Boston Cream Pie Skim Milk</p>		<p>14 Chicken and Pasta Alfredo Steamed Broccoli Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>		<p>15 Garlic Pepper Pork w/Brown Gravy Sweet Potatoes Seasoned Cabbage Whole Wheat Roll/Bread Fruit Mix Skim Milk</p>		<p>16 Chicken Gumbo Soup Whole Kernel Corn Cornbread Pudding Skim Milk</p>		<p>17 HAPPY ST. PATTY'S DAY Ham with Red Potatoes and Cabbage Ambrosia Deluxe Whole Wheat Roll/Bread Skim Milk</p>	
<p>20 Spaghetti w/Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Orange Sherbet Skim Milk</p>		<p>21 Grilled Lemon Pepper Fish Brown Rice Pilaf Spinach Whole Wheat Roll/Bread Fresh Fruit Skim Milk</p>		<p>22 Shepherd's Pie Steamed Capri Vegetable Blend Whole Wheat Roll/Bread Caramel Peach Crisp Skim Milk</p>		<p>23 Chicken Cacciatore Penne Pasta French Style Green Beans Whole Wheat Roll/Bread Cinnamon Pears Skim Milk</p>		<p>24 Chicken Rice Soup Egg Salad Sandwich Pickled Beets Rice Crisp Bar Skim Milk</p>	
<p>27 Sweet and Sour Chicken Steamed or Baked Rice Seasoned Broccoli Whole Wheat Roll/Bread Raspberry Peaches Skim Milk</p>		<p>28 Stuffed Cabbage Garlic Mashed Potatoes California Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk</p>		<p>29 Stuffed Pasta Shells Italian Vegetables Whole Wheat Roll/Bread Cherry Top Angel Food Cake Skim Milk</p>		<p>30 Philly Beef on Bun w/Peppers Fried Baked Potato Wedges Confetti Cole Slaw Gelatin Whole Wheat Roll Skim Milk</p>		<p>31 Beef Vegetable Soup Chicken Caesar Salad Whole Wheat Roll/Bread Assorted Cookies Skim Milk</p>	