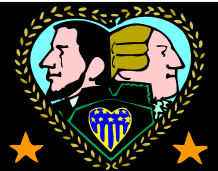





Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fruit Mix Garlic Pepper Pork w/Brown Gravy Sweet Potatoes Seasoned Cabbage Whole Wheat Roll/Bread Skim Milk	2 Chicken and Shrimp Gumbo Whole Kernel Corn Cornbread Pudding Skim Milk	3 Oven Fried Tilapia Macaroni and Cheese Whole Wheat Roll/Bread Crushed Pineapple Skim Milk
6 Spaghetti and Meat Sauce Italian Vegetables Whole Wheat Roll/Bread Bread Pudding w/Vanilla Sauce Skim Milk	7 Chicken Cacciatore Penne Pasta French Style Green Beans Whole Wheat Roll/Bread Cinnamon Pears Skim Milk	8 Shepherd's Pie Steamed Capri Vegetable Blend Whole Wheat Roll/Bread Caramel Peach Crisp Skim Milk	9 Fresh Fruit Soft Grilled Lemon Pepper Fish Brown Rice Pilaf Spinach Whole Wheat Roll/Bread Skim Milk	10 Chicken Rice Soup Egg Salad Sandwich Pickled Beets Hot Fruit Compote Skim Milk
13 Sweet and Sour Chicken Steamed or Baked Rice Seasoned Broccoli Whole Wheat Roll/Bread Raspberry Peaches Skim Milk	14 Stuffed Cabbage Garlic Mashed Potatoes California Vegetables Whole Wheat Roll/Bread Chilled Fruit Cup Skim Milk	15 Stuffed Shells w/Sauce Italian Vegetables Whole Wheat Roll/Bread Poached Pears Skim Milk	16 Philly Beef on Bun Fried Baked Potato Wedges Confetti Cole Slaw Bananas in Strawberry Gelatin Whole Wheat Roll/Bread Skim Milk	17 Beef Vegetable Soup Chicken Caesar Salad Whole Wheat Roll/Bread Cinnamon Apples Skim Milk
20  Closed For Presidents Day	21 Pineapple Pork Steamed or Baked Rice Brussels Sprouts Whole Wheat Roll/Bread Greek Yogurt Parfait w/Granola Skim Milk	22 Cheese Ravioli and Marinara Sautéed Zucchini Whole Wheat Roll/Bread Fresh Fruit Skim Milk	23 BBQ Chicken Scalloped Potatoes Steamed Broccoli Whole Wheat Roll/Bread Assorted Cookies Skim Milk	24 Corn Chowder Tuna Salad Sandwich on Wheat Cucumber Onion Sour Mandarin Oranges Skim Milk
27 Sloppy Joe on Bun Baked Sweet Potato Fries Cole Slaw Poached Pears Skim Milk	28 Chef Salad w/Turkey Corn Salad Whole Wheat Roll/Bread Strawberries w/Whipped Topping Skim Milk	 <p>DELAWARE HEALTH AND SOCIAL SERVICES Division of Services for Aging and Adults with Physical Disabilities</p> <p><i>“This agency receives funding from the DHSS Division of Services for Aging and Adults with Physical Disabilities.”</i></p>		