

MARCH 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Abbreviation Key GS – Guest Speaker PHMU- Public Health Mobile Unit EX- Exercise SG- Support Group</p>		<p><u>1</u> 9:30 - Daily Devotional 10:00 -Bible Study 11:30- Lunch 12:30 -Celebrating March Birthdays</p>	<p><u>2</u> 9:30 - Moring Walk 10:30 -GS from PHC Shelly West 12:00 - Card game Phase 10</p>	<p><u>3</u> 9:30- Bank & Dollar Tree West Side 12:00- Lunch 12:30 -Wii Gaming</p>
<p><u>6</u> 9:30 - GS Wanda Knight Gameplay 11:30- Lunch 12:00- Afternoon Movie <u>PHMU HERE</u></p>	<p><u>7</u> 9:30- Walgreens Prescription & Personal Hygiene Pick-Up 12:00- Lunch 12:30- Members Meeting</p>	<p><u>8</u> 9:00 -Food Bank 10 :00 Wii Game Choice 11:30 Lunch 12:00 Wii continued</p>	<p><u>9</u> 9:30- Coffee & Socialization 10:00 –Support Group with Nia 11:00- Lunch 12:00- Walmart Shopping</p>	<p><u>10</u> 9:30 - White Elephant Bingo 11:30- Lunch 12:00- Bingo Continued</p>
<p><u>13</u> 10:00 GS -Shredding Event Anita Rumley 11:30 Lunch 12:00 Pt. 2 Identity Theft & Annoying Medicare Calls</p>	<p><u>14</u> 9:30- Dover Ollies & Spence’s Bazaar 12:00 - Lunch Out</p>	<p><u>15</u> 9:30- Daily Devotional 10:00 -Bible Study 11:30 -Lunch 12:00 - Teen Challenge Thrift Shop</p>	<p><u>16</u> 9:30 -Coffee Snack & Socialization 10:00 - Laurel SC Here ,Bingo 11:30 Lunch 12:30 Bingo Continued</p>	<p><u>17</u> 9:30- Millsboro Bowling Lanes 12:30- Lunch 1:00- Card Game Choice Happy St. Patrick’s Day</p>
<p><u>20</u> 9:30: EX – Work out for Seniors with Diabetes 10:00 –Family Feud 11:30 – Lunch 12:00- Arts & Crafts <u>PHMU HERE</u></p>	<p><u>21</u> 9:30- Daily Devotional 10:00 GS- Sudoku with Anita 11:30- Lunch 12:00- Wii Gaming</p>	<p><u>22</u> 9:30 -Daily Devotional 10:00- Bible Study 11:30 -Lunch 12:00 -Seaford Roses/ Food Lion</p>	<p><u>23</u> 9:30 Support Group with Nia 10:30 - GS AmeriHealth 12:00 Lunch 12:30 Afternoon Walk</p>	<p><u>24</u> 9:30- Everyday Stretch For Seniors 10:00 Bingo 12:00 – Lunch 12:30 – Bingo Continued</p>
<p><u>27</u> 9:30 -EX- Whole body Chair 10:00 – Card Game Skip -Bo 11:30 Lunch 12:30 – Wii Game Play</p>	<p><u>28</u> 9:30- Harrington Byler’s 12:00 -Lunch 12:30 –Uno Game Play</p>	<p><u>29</u> 9:30 Gospel Music 10:00 Bible Study 11:30 Lunch 12:00 Good Will</p>	<p><u>30</u> 9:30 To Laurel SC Bingo Lunch at Laurel SC</p>	<p><u>31</u> 9:30 Morning Walk 10:00- Corn Hole Game 12:00 Lunch 12:30 Wii Bowling</p>