

September 2019 Newsletter



Bridgeville Senior Center

48th Anniversary!

Come Join Us

Issue II Volume

September 17, 2019

Featuring

**Mr. Ken Huff
&**

Mr. Goodwood

Psalmist

Anne Malestein

Visitors:

Laurel Senior Center

10am - 2pm

Bridgeville Senior Center

414 Market Street

Bridgeville DE 19933

Serving Bridgeville and the surrounding area since the 1970's

Teri Ricketts

Congratulations, you're Retired! Now What?

Sleep, as late as you like. After getting up early, for so many years, you can stay in bed a for a few hrs. longer.

Treat yourself to breakfast at a trendy coffee shop. Enjoy, a fancy cup of coffee or Tea.

Remind yourself, that you can now do all those things, you've always wanted to do. Take a language class, keep in shape, by committing yourself to walking or an exercise routine, at least 3 - 4 times a week, and if you enjoy traveling, try to take a trip, a few times a year.

Call a Friend, who has retired, and set a date to get together, for Lunch.

Now your able to go grocery shopping on your time, and not having to go during the peak hours.

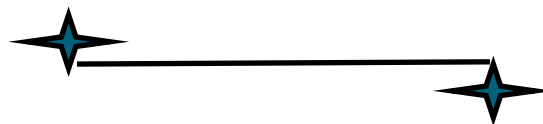
Take time once in a while, to drive out in the country, to enjoy the peace and quiet, and also, just to enjoy the scenery, and All of God's creation.

- * Up Coming Events
- * Event Calendar
- * Meal Calendar
- * Staff Input
- * Opportunities



Happy Birthday!

- 8th Joseph B.
- 3rd Ronald K.
- 13th Lycurgus B.
- 18th Judith E.
- 20th Lorraine S.
- 21st Rosa B.
- 24th James A.



The Bridgeville Senior Center is a non-profit organization whose mission is to promote and maintain the highest quality of life and independence by developing and providing services that meet the continuing needs of the senior population in the Bridgeville and surrounding area.

October 12th, 12 noon until 9 pm

October 13th, 6am until sell out

Bridgeville Senior Center Scrapple Sandwich Fundraiser \$5.00 per sandwich

The corner of Law Street & North Cannon Street

Scrapple donated by Ralph & Paul Adams

Sylvia Jacobs Program Director

What is our Craft Ball?

The Seniors are saving Plastic Bags to cut them up into strips, then fold and knot them together and rolled into balls. The Balls are then passed on to make Sleeping Mats for the Homeless.

The members enjoy making and rolling those balls. So come and join us it is a worthy cause. Also, see page 4 for more information. Maybe you can avail yourself one of these dates.

Abby's Prayer

When Abby was a sophomore in high school, she and her mom heard a news story about a young man Who'd been critically injured in a plane accident-an accident that took the lives of his father and step-mother. Although they didn't know this person

Fast forward a few years, and one day Abby walked into a class at her university. A student offered her the seat next to him. That student was Austin Hatch, the plane crash victim Abby had prayed for. Soon they dating, and in 2018 they were married.

"It's crazy to think that I was praying for my future husband," Abby said in an interview shortly before they were married. It can be easy to limit our prayers to our personal needs and for those closest to us, without taking the time to pray for others. However, Paul, writing to the Christians at Ephesus, told them to "pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people". And 1Timothy 2:1 tells us to pray "for all people," including those in authority.

Let's pray for other-even people we don't know. It's one of the ways we can "carry each other's burdens".

Question:

Who are the people-some you may not even know personally-who need your prayers today? How will you a=carve out some time to talk with God about their need.

Prayer:

Jesus, open my heart to the needs of people around me-even those I don't know. Take my heartfelt concern and intervene for them as only You can.

Used Exercise Equipment

Treadmill \$100.00

Form Hybrid Trainer \$200.

Schwinn Bowflex \$100.00

Exercise Gym Twister \$75.00

Exercise Bike \$100.00

Stop in make an offer



Apple Scrapple Festival

Vendor Spaces



\$65.00 per 10x15



9am – 6pm

October 12, 2019

ATTENTION

Crafters, Banks, Businesses, Organizations, Churches

Contact: Annette Cannon

Email: srcenter2@verizon.net

Office: (302)337-8771

Hours 8-4pm

Spaces are limited and you will not be assigned a space until payment is received.

**Make checks payable to
Bridgeville Senior Center
414 Market Street
Bridgeville DE 19933**



We need your plastic bags!!

If you have clean plastic shopping bags, please consider donating them to our Nimble Fingers sleeping mat project. The sleeping mats are given to different organizations to be distributed as needed to the homeless. These mats are crocheted from “plarn”, made from strips cut from plastic bags.

Donating bags is just one of the ways you can participate in this project. You can also attend a workshop. Even if you don’t crochet, you can help at the workshop by making plarn.

Learn more at our next quarterly workshop:

Wednesday September 11th, 12:30 - 3:30 PM
Adams State Service Center
Public Health Conference Room
544 South Bedford Street
Georgetown, DE 19947

Korisha Davis Food Service Manager

Interesting Facts in September

Bridgeville Senior Center 48th Anniversary

The name of the ninth month of the year – September – comes from the old Roman word “**septem**”, meaning “seven”, because in the Roman calendar it was the seventh month.

The **birthstone** for September is the sapphire, which is said to reduce inflammation, treat fever and act as a lucky charm for the person wearing it. The sapphire, present in almost every color (rich blue, pink, yellow, green etc.), symbolizes intuition, clarity of thought, peacefulness, as well as loyalty and trust.

There are three **traditional flowers** of the month of September: the aster, symbolizing love; the forget-me-not, representing memories and love; and the morning glory, symbolizing unrequited love.

Special holidays in September include Labor Day (the first Monday in September), the September equinox (September 22nd), National Grandparent’s Day (celebrated in the U.S. on the first Sunday after the first Monday of September)

- Chinese—(Mandarin) - Jiyye’
- Danish—September
- French—septembre
- Italian— September
- Spanish—septiembre
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